

Date: 5/14/25

PREP Grades 9-12 LAUSD Breakfast, Lunch, Supper Menu

August 25 - 29, 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée 1	Cinnamon Pan Dulce ✓ (R2252)	Morning Beef Sausage Sandwich (R0108)	Cinnamon Roll ✓ (R2287)	Turkey Sausage Danish (R1276)	
Entrée 2	Deluxe Cereal Bowl ✓	Buttery Maple Waffle ✓ (R2259)	Yogurt 4 oz. & Crackers ✓ (R5617-DW, R5618-CB)	Deluxe Cereal Bowl ✓	
Entrée 3 <i>Vegan</i>	Cinnamon Toast Crunch (CMS #1623)	Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)	Soy Yogurt & Belvita Crackers (R5715-DW, R5716-CB)	Cinnamon Toast Crunch (CMS #1623)	
Entrée 3 <i>Vegan</i>	BIC Sites: Put at least 1 serving of the Vegan option in each BIC bag each day.				
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Fruit Juice (½ c, 4 oz.)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	
Milk 8 oz.	Milk	Milk	Milk	Milk	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
Entrée 1 <i>Café LA Favorite</i>	All Star Turkey Hot Dog (R0584)	Chicken Drumstick & Mashed Potato (R0972) Artisan Roll (CMS #6068)	Optional: Fresh Topping* for all burgers Buttery Burger (R5776) AND/OR Buttery Cheeseburger (R5777) AND/OR Buttery Western Cheeseburger (R5778)	Taco Bean & Cheese Dip with Tortilla Chips ✓ (R1956)	
Entrée 2	Beef & Cheese Taquitos (R0167) & Fresh Salsa (R4613)	Cheese Tortellini ✓ (R5787) Artisan Dinner Roll (CMS #6068)	Arroz Con Pollo (R5783)	Mac N Cheese ✓ (R5653)	

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Entree 3 <i>Vegan</i>	Vegan Chik'n Tenders (R6043) Artisan Roll (CMS #6068)	Optional: Fresh Topping* for both sandwiches Spicy Chick'n Sandwich (R6051) AND/OR Chik'n Sandwich (R6029)	Impossible Burger (R6032) Optional: Fresh Topping*	Bean & Veggie Taco CrispUp (R1953)	
Entrée 4 <i>Smoothie, Sandwich, OR Salad</i>	Manager's Choice: Smoothie** Granola Cinnamon (CMS #1501) OR Salad** OR Sandwich**	Manager's Choice: Smoothie** Granola Cinnamon (CMS #1501) OR Salad** OR Sandwich**	Manager's Choice: Smoothie** Granola Cinnamon (CMS #1501) OR Salad** OR Sandwich**	Manager's Choice: Smoothie** Granola Cinnamon (CMS #1501) OR Salad** OR Sandwich**	
*FRESH TOPPING OPTIONS: SERVE EITHER FRESH PICKLES (R4618) OR FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520) *BUTTERY BURGER FRESH TOPPING OPTIONS: GREEN LEAF LETTUCE (R4649), TOMATO SLICE (R4650), AND/OR FRESH PICKLES (R4618)					
Vegetable (½ c)	Petite Baby Carrots (CMS #3006)	Café LA Salad (R4576)	Celery Sticks (CMS #3826)	Petite Baby Carrots (CMS #3006)	
Vegetable (½ c)	Berry Berry Blue Slush, (CMS #2827)	Orange Medley Juice (CMS #1308)	Sweet Potato Fries (R4464) (Choice of Sauce)	Street Corn (R4530)	
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Fruit-Juice (½ c, 4 oz.)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	
Treat Item	Offer the Chocolate Chip Cookie* (R2641/CMS #2766) once per week as an Extra Treat.				
Milk 8 oz.	Milk	Milk	Milk	Milk	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	
Entrée 1 Hot OR Cold	Longboard Pizza (Chicken & Jalapeno) (R1156) Under 4 Yrs: Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch) OR Manager's Choice SUPPER Sandwich**	Cheesy Pillows V (R1119) OR Turkey Stick (CMS #2065) & Cheese Plank V (CMS #2525) Cheez-It Crackers (CMS #1239) Under 4 Yrs: Cheese Plank, 2 each V Cheez-It Crackers V	Chicken Parmesan Wrap (R5751-DW, R5752-CB) OR Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch)	Fiestada Stuffed Sandwich (Beef & Cheese) (R0159) OR Manager's Choice SUPPER Sandwich**	
	OPTIONAL Shelf-Stable Meal Kits (NOT for students under 4 years): 1. Beef Stick Meal Kit (CMS #1688) OR 2. Sunbutter & Jelly Meal Kit V (CMS #1683)				
Entrée 2	ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. Provide a vegan entrée that is different than what was served for lunch the same day.				

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Vegan	Entrée Options: 1. Chik'n Nuggets (R6021) & Artisan Roll (CMS #6068) 5. Impossible Burger (R6032) 2. Buffalo Chik'n Nuggets (R6031) & Artisan Roll (CMS #6068) 6. Sunbutter & Strawberry Jelly Sandwich (R1943) 3. Vegan Chik'n Tenders (R6043) & Artisan Roll (CMS #6068) 7. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944) 4. Chik'n Sandwich (R6029) 8. Spicy Chick'n Sandwich (R6051)				
Vegetable (½ c)	Cherry Smooth Cup (CMS #2364)	Berry Berry Blue Slush (CMS #2827)	Petite Baby Carrots (CMS #3006)	Paradise Punch Vegetable Juice (CMS #1681)	
			Under 4 Yrs: Orange Medley Juice (CMS #1308)		
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Frozen Watermelon Juice Cup (CMS #2182)	Fresh Fruit	
			Under 4 Yrs: Fresh Fruit ONLY apple, orange, pear, banana, sliced strawberry		
Milk 8 oz.	Milk	Milk	Milk	Milk	
CONDIMENTS B=Breakfast L=Lunch S=Supper	L: Ketchup, Mustard, Taco Sauce or Tapatio, BBQ Sauce, Optional: Ranch Dressing L,S: Tajin	L: BBQ Sauce, Ketchup, Mustard, Choice Dressing, L,S: Tajin	L: Ketchup, Secret Sauce (R7097), Taco Sauce or Tapatio, Choice of Sauce: Secret Sauce (R7097), BBQ Ranch (R7080), Cajun Ranch (R7110-CB/R7111- DW), Sriracha Mayo (R7096) L,S: Mayo, Mustard, Tajin S: Optional: Ranch	L: Optional: Ranch L,S: Taco Sauce or Tapatio Tajin	

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk, 8 oz. – Must serve two choices from the following five (5) options:

Fat-Free	Low-Fat	Fat-Free Lactose Free	Fat-Free Chocolate	Fat-Free Strawberry
NOTE: Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1 st grade and above.				

Deluxe Cereal Bowl

Cinnamon Toast Crunch (CMS #1623)	Honey Bunches of Oats (CMS #1425)	Honey Cheerios (CMS #1442)
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Fresh Fruit

Apple, CMS#3800	Banana (CMS #3204) Do not order on Mondays	Orange (CMS #3093)	Strawberries (CMS #3246, R3332) - Serve at LUNCH ONLY twice a week.	Nectarine (CMS# 3891)
Peach (CMS #3886)	Pear, Bartlett (CMS#3939)	Plumcot (CMS# 3940)	Pluot (CMS# 3700)	White Peach (CMS# 3884)

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**MANAGER'S CHOICE OPTIONS FOR LUNCH AND SUPPER		
LUNCH SANDWICHES	1. Toasted Cheese Sandwich (R1086-IW, R1131-Scratch)	3. Tuna Sandwich & Shredded Lettuce Sandwich (5805)
	2. Turkey Breast, Cheese & Shredded Lettuce Sandwich (R5804)	4. Banh Mi Sandwich w/Pickled Carrots & Daikon (R5753)
	OPTIONAL: Fresh Pickles (R4618) & Sliced Tomato (R4650)	
LUNCH SMOOTHIES	1. Strawberry Smoothie (R3329D-DW, R3329C-CB)	3. Mango Smoothie (R3325D-DW, R3325C-CB)
	2. Blueberry Smoothie (R3326D-DW, R3326C-CB)	4. Strawberry Mango Smoothie (R3343-DW, R3344-CB)
LUNCH SALADS	1. Chicken Parmesan Salad (R5710), Cheesy Garlic Breadstick (R2657)	4. Chinese Chicken Salad w/Shredded Chicken (R5709), Hawaiian Roll (CMS #6082)
	2. Cajun Chicken Salad (R5713) & Cajun Ranch Dressing (R7110-CB, R7111-DW), Honey Biscuit (R2638)	5. Chicken Parmesan Wrap, (R5751-DW, R5752-CB)
	3. Crunchy Chef Salad (R5789), Artisan Roll (CMS #6068)	
SUPPER SANDWICHES	1. Toasted Cheese Sandwich (R1086-IW / R1131-Scratch)	3. Tuna Sandwich (R5619)
	2. Turkey Breast & Cheese Sandwich (R0911)	4. Apple Cinnamon Chickpea & Grape Jelly Sandwich V (R1944)
		5. Sunbutter & Strawberry Jelly Sandwich V (R1943)